

HMOs' Outpatient Behavioral Health Utilization Data for MA Residents  
January 1, 2005 - December 31, 2005  
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership

	Total Physician Encounters	Annualized Physician Encounters per 1,000 Members	Total Non-Physician Encounters	Annualized Non-Physician Encounters per 1,000 Members	Total Encounters	Annualized Encounters per 1,000 Members
<b>Fallon Community Health Plan, Inc.</b>						
Major Depression	2,459	14.82	26,109	157.31	28,568	172.12
Attention Deficit Hyperactivity Disorder	2,808	16.92	5,354	32.26	8,162	49.18
Eating Disorders	363	2.19	1,003	6.24	1,366	8.23
Chemical Dependency	1,765	10.63	9,822	59.18	11,587	69.81
Other Mental Health	17,962	108.22	64,676	389.67	82,638	497.89
<b>Total Outpatient Behavioral Health Utilization</b>	<b>25,357</b>	<b>152.77</b>	<b>106,964</b>	<b>644.45</b>	<b>132,321</b>	<b>797.23</b>
<b>Harvard Pilgrim Health Care, Inc.</b>						
Major Depression	31,402	71.53	85,454	194.65	116,856	266.18
Attention Deficit Hyperactivity Disorder	8,755	19.94	13,782	31.39	22,537	51.34
Eating Disorders	520	1.18	4,289	9.77	4,809	10.95
Chemical Dependency	1,212	2.76	12,512	28.50	13,724	31.26
Other Mental Health	51,226	116.68	245,335	558.83	296,561	675.52
<b>Total Outpatient Behavioral Health Utilization</b>	<b>93,115</b>	<b>212.10</b>	<b>361,372</b>	<b>823.15</b>	<b>454,487</b>	<b>1,035.25</b>
<b>HMO Blue, Inc.</b>						
Major Depression	49,850	56.68	159,125	180.92	208,975	237.59
Attention Deficit Hyperactivity Disorder	14,482	16.47	31,840	36.20	46,322	52.67
Eating Disorders	1,190	1.35	8,254	9.38	9,444	10.74
Chemical Dependency	1,594	1.81	44,230	50.29	45,824	52.10
Other Mental Health	97,056	110.35	498,171	566.39	595,227	676.74
<b>Total Outpatient Behavioral Health Utilization</b>	<b>164,172</b>	<b>186.65</b>	<b>741,620</b>	<b>843.18</b>	<b>905,792</b>	<b>1,029.83</b>
<b>Tufts Associated Health Maintenance Organization, Inc.</b>						
Major Depression	32,166	86.78	59,025	159.24	91,191	246.02
Attention Deficit Hyperactivity Disorder	7,012	18.92	11,602	31.30	18,614	50.22
Eating Disorders	529	1.43	3,460	9.33	3,989	10.76
Chemical Dependency	903	2.44	5,077	13.70	5,980	16.13
Other Mental Health	47,709	128.71	170,539	460.09	218,248	588.81
<b>Total Outpatient Behavioral Health Utilization</b>	<b>88,319</b>	<b>238.27</b>	<b>249,703</b>	<b>673.67</b>	<b>338,022</b>	<b>911.94</b>

HMOs with 150,000 or less Massachusetts Membership

	Total Physician Encounters	Annualized Physician Encounters per 1,000 Members	Total Non-Physician Encounters	Annualized Non-Physician Encounters per 1,000 Members	Total Encounters	Annualized Encounters per 1,000 Members
<b>Aetna Health Inc.</b>						
Major Depression	111	15.57	23	3.23	134	18.79
Attention Deficit Hyperactivity Disorder	142	19.01	31	4.35	173	24.28
Eating Disorders	26	3.65	23	3.23	49	6.87
Chemical Dependency	83	11.64	5	0.70	88	12.34
Other Mental Health	41	5.75	100	14.02	141	19.77
<b>Total Outpatient Behavioral Health Utilization</b>	<b>403</b>	<b>56.52</b>	<b>182</b>	<b>25.52</b>	<b>585</b>	<b>82.04</b>
<b>CIGNA HealthCare of Massachusetts, Inc.</b>						
Major Depression	437	43.88	1,258	126.33	1,695	170.21
Attention Deficit Hyperactivity Disorder	132	13.26	289	29.02	421	42.28
Eating Disorders	0	0.00	140	14.06	140	14.06
Chemical Dependency	26	2.61	214	21.49	240	24.10
Other Mental Health	704	70.69	3,928	394.44	4,632	465.14
<b>Total Outpatient Behavioral Health Utilization</b>	<b>1,299</b>	<b>130.44</b>	<b>5,829</b>	<b>585.34</b>	<b>7,128</b>	<b>715.78</b>
<b>ConnectiCare of Massachusetts, Inc.</b>						
Major Depression	48	5.77	220	26.45	268	32.22
Attention Deficit Hyperactivity Disorder	52	6.25	150	18.03	202	24.29
Eating Disorders	14	1.68	116	13.95	130	15.63
Chemical Dependency	5	0.60	116	13.95	121	14.55
Other Mental Health	721	86.68	4,771	573.61	5,492	660.29
<b>Total Outpatient Behavioral Health Utilization</b>	<b>840</b>	<b>100.99</b>	<b>5,373</b>	<b>645.99</b>	<b>6,213</b>	<b>746.98</b>
<b>Health New England, Inc.</b>						
Major Depression	4,241	65.80	7,147	110.88	11,388	176.68
Attention Deficit Hyperactivity Disorder	2,153	33.40	2,123	32.94	4,276	66.34
Eating Disorders	143	2.22	646	10.02	789	12.24
Chemical Dependency	313	4.86	1,365	21.18	1,678	26.03
Other Mental Health	8,755	135.83	32,210	499.73	40,965	635.56
<b>Total Outpatient Behavioral Health Utilization</b>	<b>15,605</b>	<b>242.11</b>	<b>43,491</b>	<b>674.75</b>	<b>59,096</b>	<b>916.85</b>
<b>Neighborhood Health Plan, Inc.</b>						
Major Depression	6,762	54.71	17,852	144.43	24,614	199.14
Attention Deficit Hyperactivity Disorder	4,178	33.80	10,357	83.79	14,535	117.59
Eating Disorders	23	0.19	237	1.92	260	2.10
Chemical Dependency	863	6.98	6,404	51.81	7,267	58.79
Other Mental Health	13,885	112.34	74,025	598.90	87,910	711.23
<b>Total Outpatient Behavioral Health Utilization</b>	<b>25,711</b>	<b>208.01</b>	<b>108,875</b>	<b>880.85</b>	<b>134,586</b>	<b>1,088.86</b>
<b>UnitedHealthcare of New England, Inc.</b>						
Major Depression	0	0.00	0	0.00	0	0.00
Attention Deficit Hyperactivity Disorder	190	7.60	527	21.08	717	28.67
Eating Disorders	37	1.48	69	2.76	106	4.24
Chemical Dependency	111	4.44	297	11.88	408	16.32
Other Mental Health	2,087	83.46	8,700	347.94	10,787	431.40
<b>Total Outpatient Behavioral Health Utilization</b>	<b>2,425</b>	<b>96.98</b>	<b>9,593</b>	<b>383.65</b>	<b>12,018</b>	<b>480.63</b>

Total Physician Encounters: 417,246

Total Non-Physician Encounters: 1,633,002

Total Encounters: 2,050,248